



SSD Employee Wellness Meeting Agenda

October 2, 2017

SSD Board Room

Employee Wellness: 3:30 - 4:30

- Welcome & Introductions
- Health fair recap
- Wellness volunteer recruitment efforts
- Flu shots
- Try-the-YMCA
- Wellness initiatives in CSIP 2.5, Wellness Program Evaluation
- Staff Wellness Survey
- Wellness Champion SSD Life site (mission/goals, forms, calendar)
- Share successes on SSD Life
- Email distribution list for wellness material
- PAS – Lisa Paschke
- Aetna – Deb Kiso
- Q&A
- Next Employee Wellness Meeting – May 21, 2018