



## **Employee Wellness Meeting Agenda**

**May 6, 2019**

**SSD Board Room, 3:30 - 4:30**

### **Employee Wellness Mission**

*The mission of the Special School District Employee Wellness program is to improve the health and well-being of SSD employees and promote healthy lifestyles which, in turn, foster an environment to enhance student success.*

### **Agenda**

- Thank you!
  - Wellness Champs
  - Deb Kiso and Aetna team
  - Lisa Paschke and PAS team
  - Diane Andrea at J.W. Terrill
  - Others
  
- Recap 2018-2019
  - Theme – Time for Me
  - Additional wellness representation – 13 new champions, increasing partner district representation by 5
  - Online survey for fitness classes and year end recap
  
- Health/Open Enrollment Fair – July 26<sup>th</sup> from 9-1:00 at Neuwoehner’s Gym
  - Save-the-Date
  - Promote
  - Attend and have fun!
  
- Roundtable discussion
  - Year-end recap
  - Success stories, participation, testimonials
  - Suggestions for improvement
  
- Q&A