Student Wellness Advisory Team
October 2nd, 2017

Mission: The mission of the Student Wellness Team Is to educate students, parents, and staff to promote healthy lifestyles and environments In order to improve their health and performance.

Purpose: To provide education and promote healthy lifestyles and environment to improve the health and performance of students, parents and staff.

Expected Outcomes:
1. Review revised policy
2. Yoga Ed presentation
3. Choose areas to measure for school year

Upcoming Dates:
1/11/2018 - North Tech/NV
3/29/2018 - South Tech/SV
5/21/2018 - Board Room SSD CO

Starting Time: 4:15 p.m.	Ending Time: 5:15 p.m.

Location: Board Room

WHAT? (Content/topic)	WHO? (Presenter)	TIME REQUIRED
Welcome/Introductions	Pendergrass/Gillham/Conley	5
Presentation from Yoga Ed	Megan Drissell	20
Health Snacks Review	Pendergrass/Gillham/Conley	5
Review of Regulation and Policy Discuss Areas to measure for year	Pendergrass/Group	20
Other information:	All	5